

Dallimore Primary and Nursery School



Anti-bullying
policy.....by children
for children.



What we want our school to be like

We want our school to be a friendly place where everyone feels safe, and happy. This means that children need to make good choices about their behaviour, take responsibility for their actions and use STARFISH to help them understand what it means to be a nice person.

STARFISH MEANS:

Sportsmanship

Tolerance

Appreciation

Respect

Friendship

Inspiration

Sensitivity

Honesty and Helpfulness

We want everyone to:

- understand what bullying is
- know that bullying is bad
- feel happy to tell an adult if they are being bullied
- know that things will get sorted out in a fair way

What is bullying?

It is important that EVERYONE knows what bullying is, and also what bullying isn't.

Adults and children in school use the word STOP to understand what bullying is:

**Several
Times
On
Purpose**



This means that someone has been unkind over and over again.

Being unkind includes:

- Ganging up
- Leaving people out
- Stealing or hiding someone's things
- Using words, hands or feet to hurt someone
- Lying about someone or spreading rumours
- Name calling
- Teasing

- Laughing at someone
- Making fun of someone because of their religion, skin colour or because they come from another country.

Bullying can also be **cyber bullying**.

This means using an ipad, tablet, phone, Play Station, x-box or computer to:

- send an unkind message
- make fun of someone
- share photos and information about someone without them knowing
- hacking someone's account and sending messages from it

Bullying is not:

- children falling out
- a fight
- someone being unkind once or twice

How do we know if someone is being bullied?

If someone is being bullied they might:

- look sad
- have bruises
- be crying
- seem alone
- not want to come to school (pretend to be ill)
- be scared to go online
- seem different
- put a note in the worry box
- have trouble sleeping
- hurt themselves because they are angry or upset

What do we do if someone is bullying?

If someone is being bullied or someone is bullying, everyone has an important job to do.

Children:

- tell someone - this could be a friend or a grown up
- decide if it is bullying
- don't try and sort it out yourself
- check that the person being bullied is ok
- ask the bully to stop
- put a note in the worry box

Parents:

- listen
- make sure their child feels safe and happy (give them a hug)
- decide if it is bullying
- tell school so they can try and sort it out yourself
- don't try and sort it out themselves
- stay calm
- be patient with school

Adults in school:

- Listen and take children seriously (believe them) and write it down
- Decide if it is bullying
- Stop bullies going outside
- Ask the bully why they are doing it (they might be sad about something)
- Make the bully say sorry
- Tell parents
- Let everyone have their say

How can we stop bullying?

- By telling an adult or a friend (this might be in a worry box)
- Teach people to be nice (use STARFISH)
- Be consistent with the way children are dealt with
- Exclude children
- Try YOGA
- More Thrive time
- Give bullies extra work to do
- Tell the playground buddies

**BULLYING IS NOT GOOD AND ANY TYPE IS NOT OK. IF WE KNOW IT'S
GOING IN THEN WE CAN SORT IT OUT.**

IF WE ARE SAFE AND HAPPY THEN WE WILL BE ABLE TO LEARN

Signed by the school council: